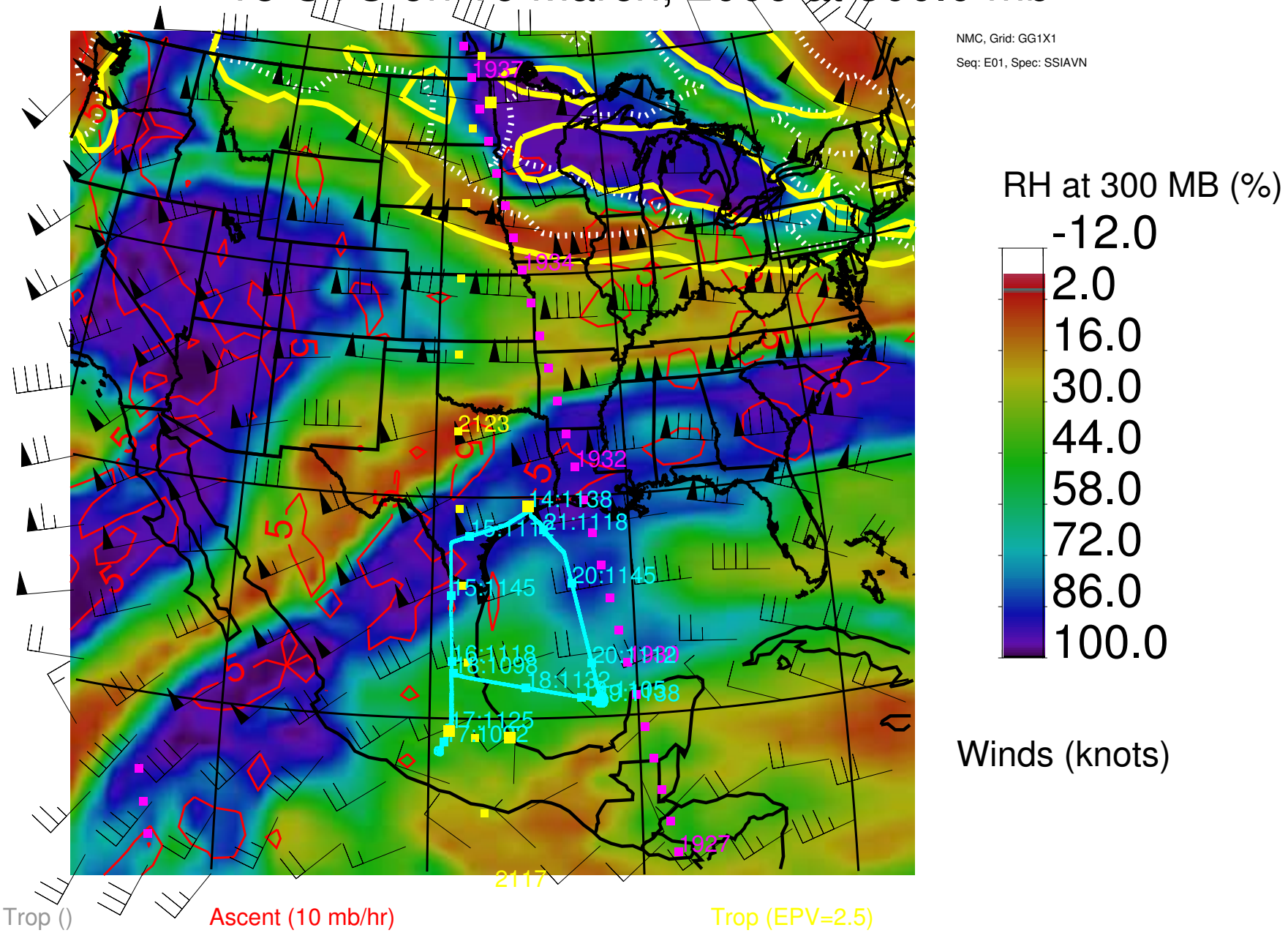18 UTC on 16 March, 2006 at 300.0 mb