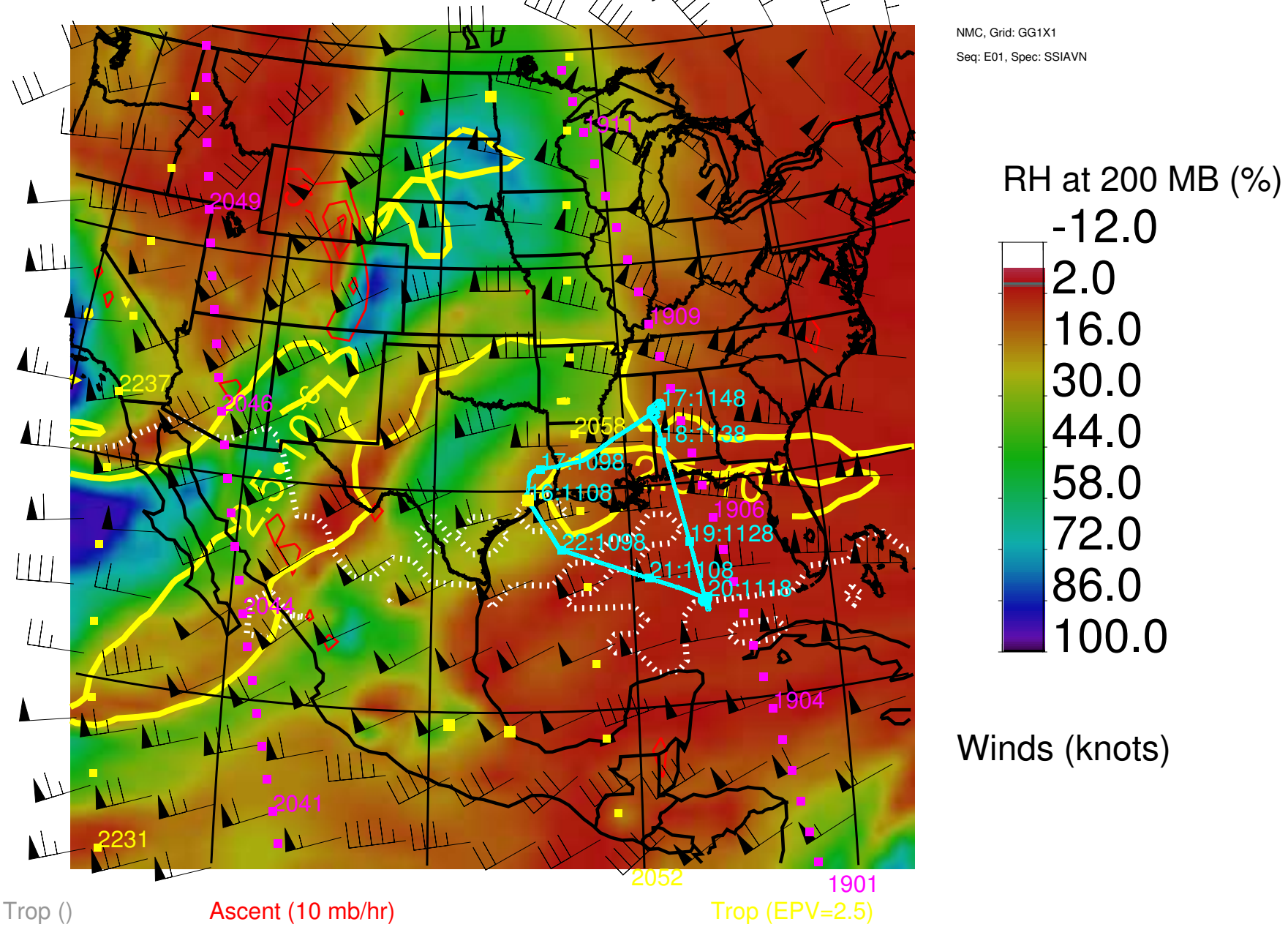18 UTC on 4 March, 2006 at 200.0 mb