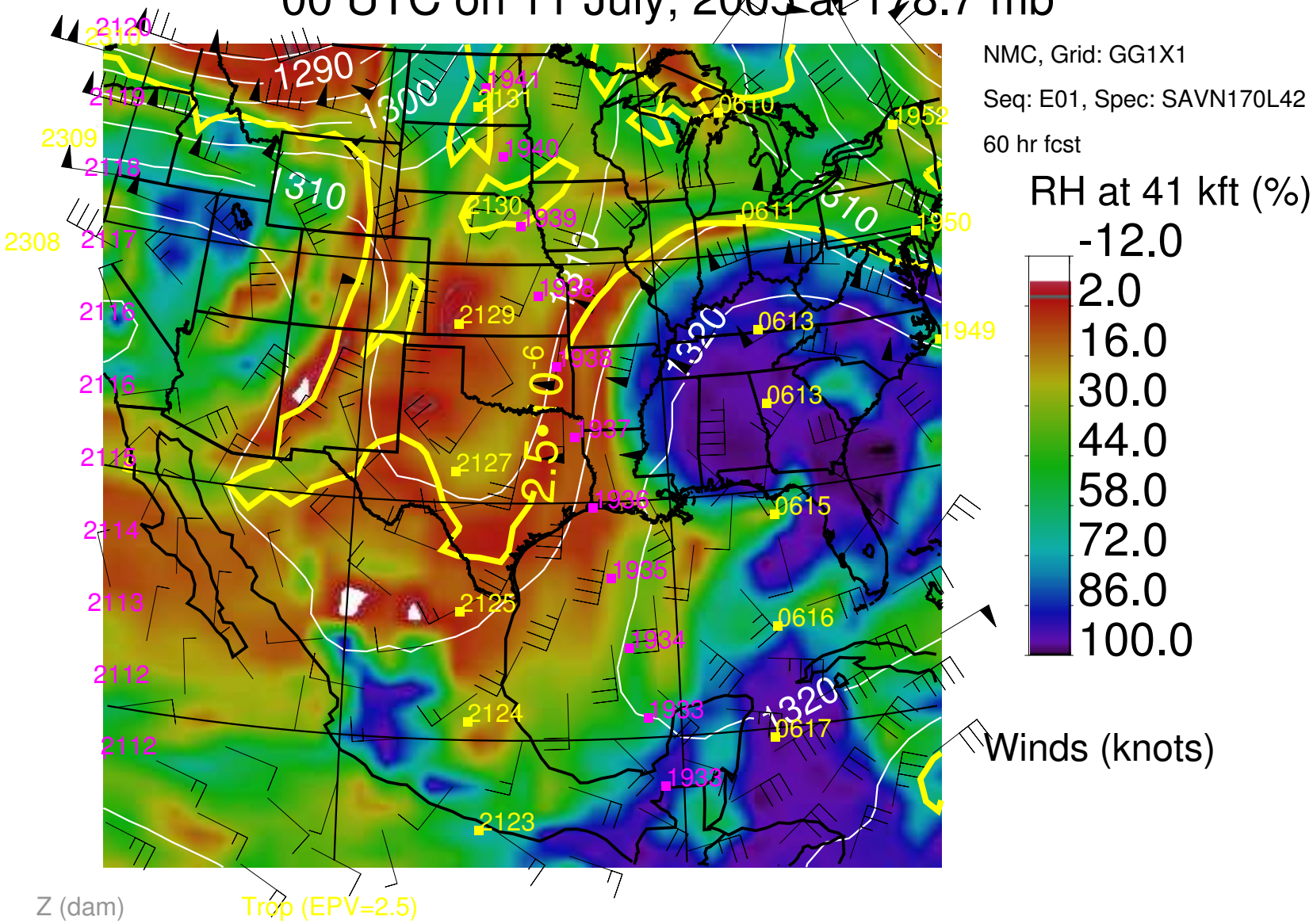00 UTC on 11 July, 2005 at 178.7 mb