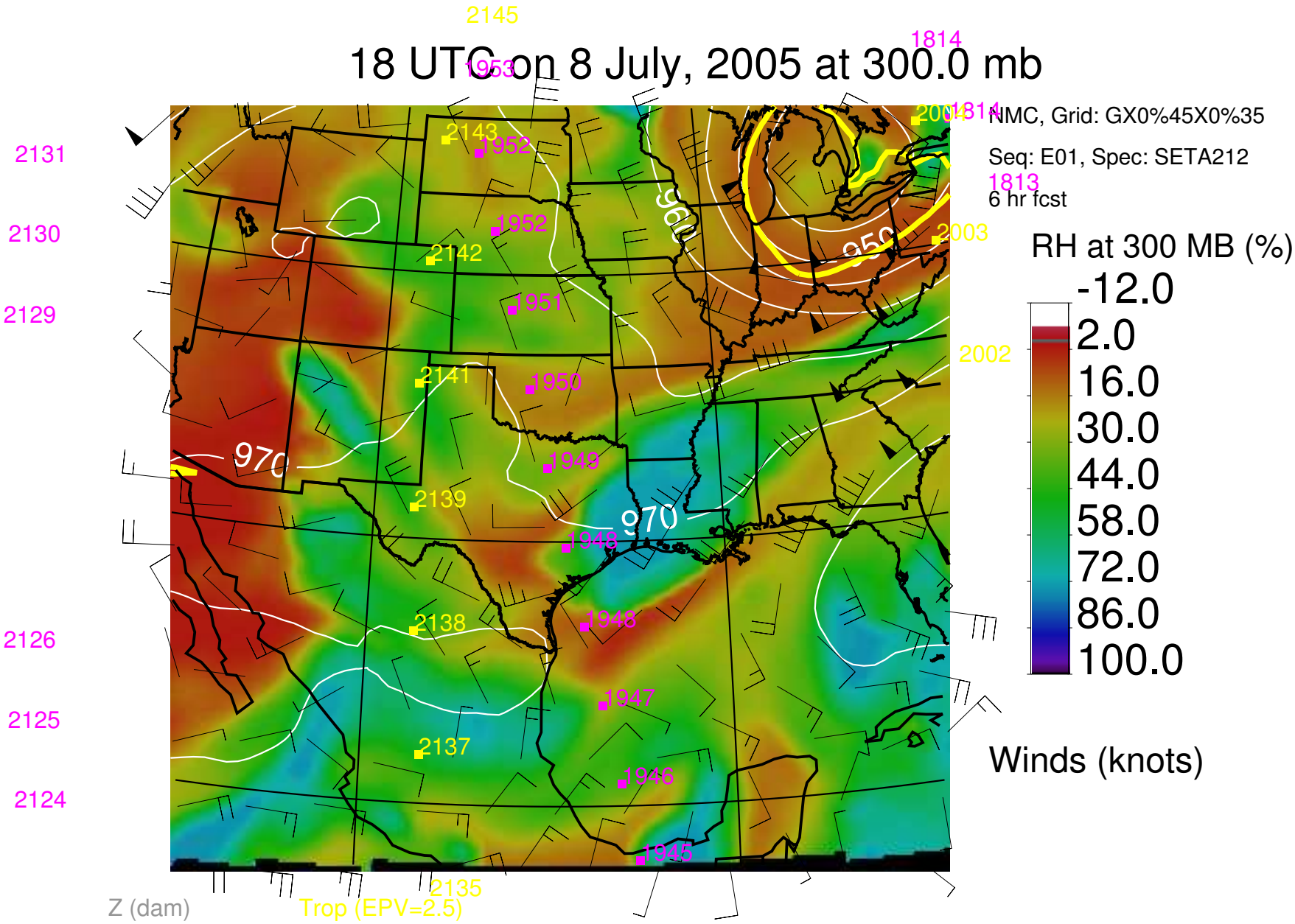18 UTC on 8 July, 2005 at 300.0 mb